



# OFFICE FOR THE AGING

Phone: 607-547-4232

**REGISTRATION  
Required**

*Max of 30 participants*

# PLANNING FOR SUCCESSFUL AGING

## 5-WEEK PRESENTATION SERIES

### **March 24th: Funeral Pre-Planning**

*Hosted by: Leatherstocking Chapter of the NYS Funeral Directors Association*

### **March 31st: How to Have the Hard Talk with Loved Ones**

*Hosted by: Helios Care*

### **April 7th: Importance of Establishing Advanced Directives and creating a will**

*Hosted by: Ryan Coutlee, Esq. Coutlee Law Office  
(will last 1.5 hours)*

### **April 14th: Estate Planning - Trusts, Medicaid and More**

*Hosted by: Ryan Coutlee, Esq. Coutlee Law Office  
(will last 2 hours)*

### **April 21st: Programs Available to Age In Place at Home**

*Hosted by: Alzheimer's Association & Office for the Aging*

*Presentations will be one (1:00) hour in  
length unless otherwise stated.*

*Suggested for  
participants to  
attend all 5 sessions  
however, you can  
register for just one  
if space allows*



**Presentations  
begin at 4:00PM**

**Classroom A at the**

**Meadows Office Complex, 140 Cty Hwy 33W, Cooperstown**

Call: 607-547-4232

**For More Info and to Register:** Email: [nyconnects@otsegocounty.com](mailto:nyconnects@otsegocounty.com)